



## The On-the-Go Package

\$138.60 AUD / per month

*All programs run for a minimum of 4 months.*

This package includes:

1. All inclusions within [The Healthstyle Emporium Program](#)
2. Monthly check in with one of our Emporium Coaches.
3. 120 chocolate &/or vanilla shakes (1 for every day of your program) made of vegan, gluten free, whole foods from real fruits & vegetables, concealed with natural vegan chocolate & vanilla.

### **The next best thing to fruits & vegetables.**

Our mission is to have all clients flooding their bodies with the essential whole food that will maximise their health. Nourishing the body with all the delicious essential phytonutrients, enzymes, minerals & vitamins needed for optimal functioning body systems... has seriously never been so easy.

Who can say they eat over 25 serves of fruit & veg everyday? The Emporium Package helps bridge the gap between what you should eat and what you do eat every day with additional nutritional boosts at snack time.

### **Shakes**

Helping you achieve a balanced diet and healthy lifestyle, providing whole food nutrition in convenient shakes. Ideal for fitness nutrition or as part of your everyday health routine, our shakes have the nutrients, protein, and fibres of whole foods to keep you going all day long. Perfect if you need a quick breakfast or a healthy alternative snack.

A whole-food-based beverage mix that provides balanced nutrition in every scoop. Our shakes can be used in any number of ways: as a healthful "on-the-go" breakfast, pre-exercise energy drink, post-workout recovery drink, or a late night snack.

### **This package is perfect for you if:**

- You dislike, or find it hard to consume the required amount of fruit & veg you need every day for optimal health.
- You struggle for snack ideas or are always on the run
- You need to increase energy throughout the day
- You're after balanced diet filled with wholesome nutrition
- You're looking to increase muscle tone
- You're wanting to decrease body fat percentage