



The Kids Package

\$50.60 AUD / per month

All programs run for a minimum of 4 months.

Free with certain packages

When children are inspired by their parents to live a healthy life, they can reap the benefits of good health and nutrition for years to come. Yet often, many parents feel like they aren't doing enough for themselves or their children to give them a healthful start.

The Kids Package is designed to help fuel the next generation with the daily recommended fruits and vegetables children need while also establishing good health habits in their life, giving parents a successful way to guide their families into a lasting, healthier lifestyle.

So, for every adult that purchases any of our packages they will receive our children's gummies for free (this includes all packages excluding the "On-The-Go Package"). In return, all we ask is for you to enter our Children's Health Study.

The Children's Health Study:

The Children's Health Study is rooted in nearly 20 years of research, which focuses on the lasting impact that our packages have on families and how it positively affects their health habits when taken daily. Based on three main pillars, the study highlights that:

- Good nutrition is the foundation of health, inspiring and inspires other healthy lifestyle choices.
- Childhood is the best time to establish good health and nutritional habits.
- Parental involvement is key in getting children to adopt good health habits.

The success of the Children's Health Study is tracked through a series of volunteer surveys given to parents after their child's first four to eight months, with new data is collected once a year afterwards. More than 150,000 families have participated in the study since it began in 1999, with parents documenting a noticeable difference in how they and their children eat, feel and live when being apart of our CHS movement

The Children's Gummies:

Our Fruit and Vegetable Chewables deliver added whole food based nutrition from 17 different fruits, vegetables, and grains in a tasty, soft chewable form. The appealing taste comes from two all-natural sweeteners - tapioca syrup and organic cane syrup - with absolutely no high fructose corn syrup. It contains no artificial flavours or artificial colours and is 100% vegetarian; the 'chewiness' comes from fruit pectins, not gelatine.

* Designed for kiddies, but totally yum, and adults can eat too!